

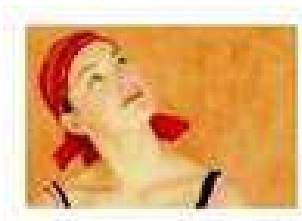
Accelerated NLP Practitioner Training & Certification



Learning Outcomes

- The Foundations of NLP
- Well-Formed Outcomes – how to specify goals and outcomes so that they happen
- Rapport - the basis of persuasion and influence
- Representational Systems - how we use our five senses
- Submodalities - taking charge of your brain
- Language Patterns - use language to motivate and cause change
- Anchoring - the power to condition automatic responses
- Strategies – how to uncover, utilise and modify the building blocks of all behaviour
- Parts Integration – to create focus, power and momentum
- Time Line Therapy™ & certification – removing fears, negative emotions and self-doubts
- The Physics of Wellbeing model – how to understand motivation, problems and our experiences
- Practitioner Certification

How can I learn all this in just 8 days?



Before you attend the training, you will receive a home-study pack comprising of audio recordings loaded onto an MP3 player, plus two carefully chosen books and comprehensive manual – all included in the price! These will prepare you for the live training, so you get so much out of what we do together.

*My accelerated training methods simultaneously teach at the levels of both the unconscious and conscious mind. You will work with my close personal supervision. **New! - Learn NLP in self-contained weekend Modules. Choose what you learn at your own pace. Certificated. Ask for details now!***

Discounts for early registration – don't miss out - call now on 0845 1665445
E: info@abetterlife-uk.com www.abetterlife-uk.com

The Foundations of NLP

- A powerful model of communication to deliver change in someone's mind
- Empowering beliefs that will change the way you experience and interact with the world
- Understand and utilize a proven mind-body link to enable healing

Well-Formed Outcomes

- How to set goals so that you achieve them
- How to ask questions that create total clarity about personal objectives

Rapport - the basis of persuasion and influence

- Learn how to quickly tune-in with someone and create suggestibility
- Discover the real secrets to body language
- Match and mirror physiology so that people unconsciously identify with you
- Build rapport rapidly on the telephone
- Negotiate with power and retain rapport

Representational Systems - how we differ in interpreting our five senses

- Discover how we see, hear and feel the world differently



- Learn to match a person's preferred system to create deep rapport, understanding and communication
- Read eye movements to reveal how someone is thinking and enable deep communication

Submodalities - taking charge of your brain!

- Learn how to use your brain's thinking structure
- Discover how we internally structure our preferences and beliefs, and how to change them
- How to quickly change unwanted feelings and behaviours, and to direct what someone focuses on
- Rapidly break unwanted habits using the SWISH

Effective and powerful Language Patterns

- Discover the hypnotic language patterns of master hypnoterapist Milton Erickson M.D.
- Identify and utilize levels of abstraction to loosen up or resolve problems and stimulate creativity
- Reframes for directing focus (inc. the art of 'spin')
- Precise and effective questions to unravel problems and open up new options
- Challenge and overcome objections elegantly
- Powerful conversational techniques to cause change through use of presuppositions
- Negotiate with power and elegance

Anchoring - the power of conditioned responses

- Use resource anchors to strengthen or provide empowering states of mind
- Cancel unhelpful bad feelings both in the past and in the future
- How to link positive states to undo 'stuck' states including procrastination and confusion

Strategies – behaviours demystified

- Discover and utilize someone's internal decision-making process (strategy)
- Fine tune your message communication (including sales) for an individual to make it irresistible
- Change less useful strategies
- Install more effective strategies



Parts integration for personal congruence

- Discover how parts of us work against our goals
- How to resolve internal parts conflicts to create motivation, clarity and purpose

The Physics of Wellbeing© model

- The fundamentals of motivation, success and fulfilment.
- Get insights to help resolve emotional and physical problems and disease
- How to create motivation for sustained change, through the principal of purpose
- How to stimulate empowerment for positive change
- Discover the physical principles of the Law of Attraction and why things happen to you



- How to avoid disempowering language and the 'presuppositions of deficit'

Use of unconscious Time Lines for profound positive change

- Eliciting the time line
- The power of changing direction and location of the timeline
- Discover the root cause of presenting problems
- How to effortlessly release bad feelings around our past and future desires so that we can move forward easily
- How to cancel destructive limiting beliefs like 'I can't make money', self-doubt, and much more.
- Learn the secret to creating your future
- Certification as Time Line Therapy™ Practitioner