

## Schedule & Prices for Trainings

### NLP & Time Line Therapy™

**Discounts!** 'Early booking' prices apply up to eight weeks prior to course start. Introduce a Friend and save 25% (terms apply – see booking form). Attractive discounts for 'follow –on' bookings. Corporate bookings charged at full price.

**Venues:** Harpenden, Herts, unless marked Central London (WC1A). Details to be confirmed.

#### Accelerated NLP & Time Line Therapy™ Practitioner Training & Certification

This is a self-contained course over seven or eight days. Full course includes pre-recorded training audio re-study material, pre-loaded on a personal 'mp3' music player, plus course books. Note: Modular and friend discount bookings receive manual; pre-study pack & certification extra.

##### Course Dates 2012

- Eight days, delivered in four weekend Modules – Feb 25&26, March 3&4, 17&18, 24&25
- Undiscounted price £1157       Early Booking £1097       Deposit £197

**Modular NLP option** – learn at your own pace. Four x 2-day self-contained modules.

- Undiscounted price £347       Early booking £307       Deposit each module £47
- Convert to certified training with pre-study pack £100 and       Examination fee at £50

#### Accelerated NLP & Time Line Therapy™ Master Practitioner

Course assumes previous training in Time Line Therapy™. Ask about 'catch up' training. Additional discounts for follow-on bookings made at Practitioner training.

##### Course Dates 2012

- Fifteen days March 29,30,31 and April 5,6,7, 12,13,14, 19,20,21, 26,27,28.
  - Undiscounted price £1977       Early Booking £1677       Deposit £397
- Special: 14 days Nov in Goa, India, incl accom, meals and UK flight (£600 discount exc. flight)
- Undiscounted price £2347       Early Booking £1997       Deposit £397

#### Time Line Therapy™

Learn how to use Time Line Therapy™ techniques. Ideal upgrade to your coaching/therapy skills. You may need to refresh your NLP perspectives for one extra day depending on your experience.

##### Course dates 2012

- March – to be announced – pleas enquire.
- London 9.30 till 5.30 pm dates to be announced

##### Investment & offers

- Undiscounted price £297       Early Booking £247       Deposit £57
- Additional NLP primer online training – free!

#### Excellent Presenting & Train the Trainers

Learn excellent presenting and how to Train the Trainers in NLP, in beautiful Goa, India. All inclusive package £4297, inc. flight, accomm, meals, personal assistance and access to trainers, evening events, and rights to training materials. 14 days. 3 Jan (Delhi) and 1 May Goa. *Booking now.*



## Schedule & Prices for Trainings

### Training in Clinical Hypnosis

**Discounts!** Early Booking discounts apply up to eight weeks prior to course start. 'Introduce a Friend' and save 1/3 rd! Additional discounts offered for 'follow-on' bookings! Corporate bookings charged at full price.

Venues: Trainings will be in the Harpenden area; details to be confirmed.

#### Practitioner Training & Certification in Hypnosis: Foundation

**Course 2011;** Four modules, over eight days, one or two weekend days, approximately monthly.

##### Investment & offers

Module by module 'pay as you go':

Full price £265                       £247                       Deposit £47

All four Modules:

Full price £937                       Early Booking £847                       Deposit £147

Scheduled for February 2012. Book now and receive your free pre-study book. You also receive three supervision sessions with our supervisors, which are charged separately at £25 per session.

#### Practitioner Training in Clinical Hypnosis: Certificate in Cognitive & Waking Trance Approaches

This is a self-contained course over eight days. Includes pre-study material, comprising of audio recordings, manual and required course books (two), provided on receipt of booking deposit. This training is certified in its own right. Joint classes with NLP Practitioner Training course.

##### Course Dates 2011

- Harpenden. Eight days, at weekends: fri/sat/sun
- Central London. Eight days, weekends. To be announced.

##### Investment & offers

Undiscounted price £1357                       Early Booking £1297                       Deposit £197

#### Practitioner Training in Clinical Hypnosis: Diploma in Deep Trance Approaches

To join this course you must first study the Practitioner Foundation Training in Hypnosis. We do consider students who have trained elsewhere. Satisfactory completion of all three courses satisfies the requirements for certification as a Practitioner in Clinical Hypnosis, as validated by the General Hypnotherapy Standards Council.

Course 2012; Six weekends, monthly, plus 5 sessions of supervision (paid privately at £25 each)

- starting June 2012; full schedule to be announced

##### Investment & offers

Full price £1830                       Early Booking £1630                       Deposit £300  
 Examination fee £65                      NB. further discounts for existing students





**abetterlife UK Ltd.**  
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## Events and Workshops

### Happiness And How to Achieve It

How does motivation work? How do I achieve lasting happiness and fulfilling goals? What makes things go wrong? Discover the answers in this inspiring workshop. Based on Richard's concept of The Physics of Happiness. New! Happiness and how to achieve it!

#### ½ day workshop

7.00 - 10.00pm, Harpenden, Herts.  
£37 paid two weeks in advance; £47 thereafter.

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### The Keys to Creating Your Future

This experience may change your life! Step up a gear in motivation, health and life fulfilment!

#### Weekend workshop

Sat & Sun 18&19 Feb, Harpenden  
 No pre-booking = £237  
 Deposit £50  
 Early Booking = £197

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### Occasional Workshops

I deliver a range of short personal development and business training workshops. Venues in the Harpenden area, unless specified otherwise. Also delivered 'in-house' to organisations and businesses - call for rates.

#### Course Dates

New events scheduled throughout the year on weekday and weekends, with some evening events. Refreshments provided. *Current schedule below*

## Booking Information

Please list the courses you wish to join, enter your personal details and return to the address above. You can also book online at [www.abeterlife-uk.com/booking-form.htm](http://www.abeterlife-uk.com/booking-form.htm). Please note the terms and conditions below.

Full Name \_\_\_\_\_

Course Title & Date NLP Introduction 27/11 & 11/12 2010 @ £135 OR Masters NLP Jan 2012 \_\_\_\_\_

Occupation \_\_\_\_\_

Address \_\_\_\_\_

Post Code \_\_\_\_\_ Tel (home) \_\_\_\_\_ (work/mobile)

Email: \_\_\_\_\_

I enclose a cheque\* / please debit my credit card\* (delete as appropriate) to a total amount of:  
£ \_\_\_\_\_ Please make cheques payable to **abeterlife** at the address above.

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**Credit card payment:** Name on card \_\_\_\_\_

Billing Address (if different) \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Credit Card number: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Start date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Expiry date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Issue number : \_\_\_\_

Security code (last 3 digits near signature on back) \_\_\_\_\_

Signature of cardholder: \_\_\_\_\_ Date: \_\_\_\_\_

### Standard Terms & Conditions of Booking

**(1) Early booking discounts** apply for deposits received at least 8 weeks before start of course. **(2) 'Friend discount'** bookings: study pack comprises Manual only. **(3) Balances** are due 4 weeks prior to start of course. **(4) Study pack dispatched** within 7 working days of confirmed receipt of booking deposit (full course fee for w/e NLP Modules) . **(5) The Training Participation Agreement and Release** statement is to be signed by you. **(6) Cancellation:** full refund less an administration fee if you give us 8 weeks or more notice; between 8 and 4 weeks notice (two weeks for half-day workshops) you may transfer to a later course (within a period of 12 months of the original course date), or you may provide a substitute delegate, at no charge. If not, a cancellation fee of 30% of the programme fee will be charged, rising to 50% if you cancel 2 weeks (or fewer) prior to the start of the course booked. **(7) Corporate bookings** will be charged at full price.





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w: www.abetterlife-uk.com

## Training Participation Agreement & Release

I, the undersigned, hereby agree to use all information contained and presented in **abetterlife** UK Ltd training(s) only for the purposes of either self-improvement or to achieve a positive outcome when working with others. I understand that the power of these techniques requires care, integrity and respect for the highest intention of all individuals.

I confirm that I enter the training(s) of my own free will and accept complete responsibility for my well-being at all times. I further acknowledge that I am a healthy individual and that I am physically and psychologically fit to fully participate in the training(s) and that I know of no reason, nor have I been informed by my medical practitioner, psychiatrist or psychologist (previously informed by me of my intention to participate in the training(s)) of any reason why my participation would do me harm of any nature. If this does not accurately reflect my situation I agree that I will notify a representative of **abetterlife** UK Ltd before participating in the training(s),

I agree to release and hold harmless **abetterlife** UK Ltd, its agents, representatives and employees from all liability to which they may at any time be subject to me (except for gross negligence) resulting from the training(s) and/or any portion of the training(s) in which I voluntarily participate and from any negligent acts or omissions and from all actions proceedings costs damages claims and demands relating thereto and I further agree that I will at any time or times in the future as and when called upon by **abetterlife** UK Ltd so to do enter into and execute (each as a Deed) such further release or releases and in such form as this may reasonably require.

I understand that although the training(s) may raise emotional issues, it is not intended to provide a therapeutic environment or be a substitute for ongoing counselling or psychotherapy and that any unresolved issues which may surface and which may warrant counselling, will be resolved at my own expense.

Furthermore, I acknowledge that any recording or written material included as part of the workshop and all rights (including Intellectual Property Rights) relating thereto respectively are the sole property of **abetterlife** UK Ltd or others from whom such rights may be derived (whether or not protected by trademark and copyright laws) and are for the use of **abetterlife** UK Ltd and employees and may not be used without obtaining prior written permission. As a participant, I agree to NOT record the workshop or any part thereof.

I acknowledge that I have carefully read and understood this agreement and release, and that **abetterlife** UK Ltd agrees to provide the training(s) referred to above in consideration of it being entered in to by me and payment of the fees as set out in this booking form.

NAME: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



Registered Address: Enterprise House, 5 Roundwood Lane, Harpenden, Herts AL5 3BW

Registration No: 5472606