

Schedule & Prices for Trainings

NLP & Time Line Therapy™

Discounts! 'Early booking' prices apply up to eight weeks prior to course start. Introduce a Friend and save 25% (terms apply – see booking form) . Attractive discounts for 'follow –on' bookings. Corporate bookings charged at full price.

Venues: Harpenden, Herts, unless marked Central London (WC1A). Details to be confirmed.

Accelerated NLP & Time Line Therapy™ Practitioner Training & Certification

This is a self-contained course over seven or eight days. This special offer deal includes pre-recorded training audio re-study material, pre-loaded on a personal 'mp3' music player, plus course books. Note: friend discount booking receives manual only.

Course Dates 2010

- Eight days, 9.30 till 5.30 pm or 1.30 to 8.15pm. New dates for June - enquire now.
- Undiscounted price = £1599 Early Booking = £1399
- Deposit £199

NEW! Modular NLP – learn at your own pace. Fours self-contained w/e's

- Modular, monthly 4 w/e s, 1.45 – 8.15 pm. Modules: One – Jan 30&31 Two – Feb 20&21; Three – March 13&14; Four – March 27&28
- £399 full price; £359 early booking; Deposit each module £50;
- £1399 if all four modules booked 8 wks prior to 1st Module (with deposit £199)

Accelerated NLP & Time Line Therapy™ Master Practitioner

Course assumes previous training in Time Line Therapy™. Ask about 'catch up' training. Additional discounts for follow-on bookings made at Practitioner training.

Course Dates 2010

- Sixteen days: Starting April; book now; 1.45 m thro 8.15 pm.
- Enquire for Masters in India - all inclusive package. Enquire now for Autumn 2010.
- Undiscounted price = £2280 Early Booking = £1980 Deposit £500

Time Line Therapy™

Learn how to use Time Line Therapy™ techniques. Ideal upgrade to your coaching/therapy skills. You may be required to refresh your NLP perspectives for one extra day depending on your experience.

Course dates 2010

- March 27 & 28 from 1.45 thro 8.15pm
- London 9.30 till 5.30 pm dates to be announced

Investment & offers

- Undiscounted price = £135 Early Booking = £100 Deposit £50
- Additional NLP primer day 26 March: £35

Excellelent Presenting & Train the Trainers

Learn excellent presenting and how to Train the Trainers in NLP and Time Line Therapy™. Venue beautiful Goa, India, starting 1 May 2010. All inclusive deal. Call for more details.



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Schedule & Prices for Trainings

Training in Clinical Hypnosis

Discounts! Early Booking discounts apply up to eight weeks prior to course start. 'Introduce a Friend' and save 25% ! Attractive discounts available for 'follow-on' bookings! Corporate bookings charged at full price.

Venues: Trainings will be in the Harpenden area; details to be confirmed.

Practitioner Training & Certification in Hypnosis: Foundation

Course 2010; Eight days, one or two days at weekends, approximately monthly.

June 5&6, 19&20, July 3&4. 17&18; 1.30 pm to 8.15 pm

Investment & offers

No pre-booking = £725

Early Booking = £650

Deposit £150

You are also required to attend three supervision sessions, which are charged separately at £25 per session.

Practitioner Training in Clinical Hypnosis: Part A - Cognitive & Waking Trance Approaches

This is a self-contained course over seven/eight days. Includes pre-study material, comprising of audio recordings, manual and required course books (two), provided on receipt of booking deposit. This training is certified in its own right. Note: friend discount booking receives Manual only.

Course Dates 2009/10

Eight days, 1.45 – 8.15 pm. Dates same as for NLP Practitioner Training

Central London. Eight days, 9.30 till 5.30 pm. To be announced.

Investment & offers

Undiscounted price = £1450

Early Booking = £1250

Deposit £199

Practitioner Training in Clinical Hypnosis: Part B - Deep Trance Approaches

To join this course you must first study the Practitioner Foundation Training in Hypnosis. We do consider students who have trained elsewhere. Satisfactory completion of all three courses satisfies the requirements for certification as a Practitioner in Clinical Hypnosis, as validated by the General Hypnotherapy Standards Council.

Course 2010; Six weekends, monthly, plus 5 sessions of supervision (charged at £25 per session)

Aug 28&29, Sep 18&19, Oct 2&3, 23&24, Nov 13&14, Dec 11&12. 1.30pm to 8.15 pm

Investment & offers

Full price = £1830

Early Booking = £1630

Deposit £300



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w: www.abetterlife-uk.com

Booking Information

Please list the courses you wish to join, enter your personal details and return to the address above. You can also book online at www.abeterlife-uk.com/booking-form.htm. Please note the terms and conditions below.

Course name and date: _____

Full Name _____

Occupation _____

Address _____

Post Code _____ Tel (home) _____ (work/mobile) _____

Email: _____

I enclose a cheque* / please debit my credit card* (delete as appropriate) to a total amount of:
£ _____ Please make cheques payable to **abetterlife** at the address above.

Credit card payment: Name on card _____

Billing Address (if different) _____

Post code _____

Credit Card number: _____ / _____ / _____ / _____

Start date: ____ / ____ / ____ Expiry date: ____ / ____ / ____ Issue number : ____

Security code (last 3 digits near signature on back) ____

Signature of cardholder: _____ Date: _____

Standard Terms & Conditions of Booking

(1) Early booking discounts apply for deposits received at least 8 weeks before start of course. **(2) 'Friend discount'** bookings: study pack comprises Manual only. **(3) Balances** are due 4 weeks prior to start of course. **(4) Study pack dispatched** within 7 working days of confirmed receipt of booking deposit (full course fee for w/e NLP Modules) . **(5) The Training Participation Agreement and Release** statement is to be signed by you. **(6) Cancellation:** full refund if you give us 8 weeks or more notice; between 8 and 4 weeks notice (two weeks for half-day workshops) you may transfer to a later course (within a period of 12 months of the original course date), or you may provide a substitute delegate, at no charge. If not, a cancellation fee of 30% of the programme fee will be charged, rising to 50% if you cancel 2 weeks (or fewer) prior to the start of the course booked. **(7) Corporate bookings** will be charged at full price.



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personal transformation



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Training Participation Agreement & Release

I, the undersigned, hereby agree to use all information contained and presented in **abetterlife** UK Ltd training(s) only for the purposes of either self-improvement or to achieve a positive outcome when working with others. I understand that the power of these techniques requires care, integrity and respect for the highest intention of all individuals.

I confirm that I enter the training(s) of my own free will and accept complete responsibility for my well-being at all times. I further acknowledge that I am a healthy individual and that I am physically and psychologically fit to fully participate in the training(s) and that I know of no reason, nor have I been informed by my medical practitioner, psychiatrist or psychologist (previously informed by me of my intention to participate in the training(s)) of any reason why my participation would do me harm of any nature. If this does not accurately reflect my situation I agree that I will notify a representative of **abetterlife** UK Ltd before participating in the training(s),

I agree to release and hold harmless **abetterlife** UK Ltd, its agents, representatives and employees from all liability to which they may at any time be subject to me (except for gross negligence) resulting from the training(s) and/or any portion of the training(s) in which I voluntarily participate and from any negligent acts or omissions and from all actions proceedings costs damages claims and demands relating thereto and I further agree that I will at any time or times in the future as and when called upon by **abetterlife** UK Ltd so to do enter into and execute (each as a Deed) such further release or releases and in such form as may reasonably require.

I understand that although the training(s) may raise emotional issues, it is not intended to provide a therapeutic environment or be a substitute for ongoing counselling or psychotherapy and that any unresolved issues which may surface and which may warrant counselling, will be resolved at my own expense.

Furthermore, I acknowledge that any recording or written material included as part of the workshop and all rights (including Intellectual Property Rights) relating thereto respectively are the sole property of **abetterlife** UK Ltd or others from whom such rights may be derived (whether or not protected by trademark and copyright laws) and are for the use of **abetterlife** UK Ltd and employees and may not be used without obtaining prior written permission. As a participant, I agree to NOT record the workshop or any part thereof.

I acknowledge that I have carefully read and understood this agreement and release, and that **abetterlife** UK Ltd agrees to provide the training(s) referred to above in consideration of it being entered in to by me and payment of the fees as set out in this booking form.

NAME: _____

Signed: _____

Date: _____



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Events and Workshops

Happiness And How to Achieve It

How does motivation work? How do I achieve lasting happiness and fulfilling goals? What makes things go wrong? Discover the answers in this inspiring workshop. Based on Richard's concept of The Physics of Happiness New! Happiness and how to achieve it!

½ day workshop

- 7.00 - 10.00pm, Harpenden, Herts.
- £35 paid two weeks in advance; £45 after.

The Keys to Personal Power & Fulfilment

This experience may change your life! Reorientate yourself towards happiness and fulfilment!

Weekend workshop

- Sat & Sun, 1.00 - 8.00pm, Harpenden. Dates according to demand.
- No pre-booking = £220
- Early Booking = £199
- Deposit £50

Occasional Workshops

I deliver a range of short personal development and business training workshops. Venues in the Harpenden area, unless specified otherwise. Also delivered 'in-house' to organisations and businesses - call for rates.

Course Dates

New events scheduled throughout the year on weekday and weekends, with some evening events. Refreshments provided. *Current schedule below*



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